



PINKEYE + CONJUNCTIVITIS

VARYING FACTORS

Conjunctivitis, commonly known as "pinkeye," is an inflammation of the transparent membrane that covers the white part of the eye and the inner surface of the eyelids. It is a common eye condition that affects people of all ages and can be caused by a variety of factors.

Causes of Conjunctivitis

Conjunctivitis can be caused by a number of factors, including viruses, bacteria, allergies, or irritants. The most common cause of conjunctivitis is a viral infection, which spreads easily from person to person.

Bacterial conjunctivitis is less common but can be more serious, often requiring antibiotics to clear the infection.

Allergic conjunctivitis can be caused by exposure to allergens such as pollen, dust mites, or pet dander. Irritant conjunctivitis is caused by exposure to irritants such as chlorine in swimming pools, smoke, or fumes.

Symptoms of Conjunctivitis

The symptoms of conjunctivitis include:

- Redness and itching in the eye
- Increased tear production
- Discharge from the eye that can be yellow or green
- In some cases, the eyelid may also be swollen



Treatment of Conjunctivitis

Treatment for conjunctivitis depends on the cause. Viral conjunctivitis usually clears up on its own within a week or two, and treatment is focused on relieving symptoms. Over-the-counter artificial tears or cool compresses can help to soothe the eye and reduce redness.

Bacterial conjunctivitis requires antibiotics to clear the infection. Your health-care provider may prescribe antibiotic eye drops or ointment, which should be used as directed.

Allergic conjunctivitis can be treated with antihistamine eye drops or oral antihistamines. Irritant conjunctivitis can be treated by removing the irritant and using artificial tears to soothe the eye.

Prevention of Conjunctivitis

To prevent the spread of conjunctivitis, it is important to practice good hygiene.

- Wash your hands frequently
- Avoid touching your eyes
- Avoid sharing personal items, such as towels, pillowcases, or eye drops.
- Avoid close contact with others
- Avoid sharing personal items to prevent the spread of the infection



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